

Brunch

SATURDAY + SUNDAY, 11AM TO 4PM

MORNING OATS \$4.95

QUINOA, FLAXSEED, STEEL CUT OATS, FRESH BERRIES



RAW ALMOND BUTTER, BANANA, PURE MAPLE
AND RAW CACAO \$2.50

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AB&B TOAST \$6.95

RAW ALMOND BUTTER, BANANA, PURE MAPLE, 7-GRAIN TOAST

GF \$1.50

THE EARLY BIRD \$9.95

SCRAMBLED ORGANIC TOFU, SPINACH, MUSHROOM,
MAPLE SAUSAGE, MARKET GREENS, 7-GRAIN TOAST

GF \$1.50 AVOCADO \$2.50

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DAILY PANCAKE \$8.95

W/ WHIPPED MAPLE BUTTER COCONUT WHIPPED CREAM \$1.50

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QUINOA HASH BROWNS \$3.95

W/ SOUR CREAM, SMOKED PAPRIKA, SCALLION