

Market Specials



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DAILY SOUP

BUTTERNUT SQUASH W/ MAPLE-WHEAT CROUTONS + SAGE

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MARKET VEGGIE

ROASTED BRUSSELS SPROUTS W/ SMOKED PAPRIKA, LEMON ZEST +
ROASTED GARLIC CAPER AIOLI

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SMASHED AVOCADO TOAST VEGGIE

MARINATED BEETS W/ CHIVES, SUNFLOWER SEEDS + SEA SALT

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SEASONAL LEMONADE

CRANBERRY GINGER

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PANCAKE

CARROT WALNUT W/ PURE MAPLE + POWDERED SUGAR



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DAILY SMOOTHIES

GREEN DAY

KALE, SPINACH, STRAWBERRY, BANANA, FLAX SEED, ALMOND BUTTER

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PURPLE RAIN

BLUEBERRY, RASPBERRY, STRAWBERRY, BANANA, ALMOND MILK,
ALMOND BUTTER, CHIA SEEDS



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